"Shoe Dog" by Phil Knight. It's a memoir that chronicles the founding and early years of Nike, one of the world's most recognizable brands.

"Shoe Dog" was published in 2016 and quickly became a bestseller. **Phil Knight, the co-founder of Nike**, tells the story of how he started the company in **1962 as Blue Ribbon Sports**, initially selling Japanese running shoes from the trunk of his car.

The book covers the period from 1962 to 1980, detailing the company's growth from a small startup to its initial public offering. Knight provides a candid account of the challenges he faced, including financial struggles, legal battles, and manufacturing issues.

Key aspects of the book include:

- 1. Knight's personal journey and motivation
- 2. The origins of Nike's iconic swoosh logo
- The company's early relationship with Japanese shoe manufacturer Onitsuka Tiger
- 4. The development of Nike's own shoe designs
- 5. The formation of key partnerships, including with legendary track coach Bill Bowerman
- 6. The company's expansion into different sports and markets

The main idea of "Shoe Dog" by Phil Knight is to tell the story of how Nike was founded and grew from a small startup into a global brand.

In this Action Steps Handbook, we will provide practical steps grounded in the insights presented in the book that will **identify what it takes to be a successful entrepreneur.** 

#### **Step 1: Find Your Passion**

Phil Knight's success started with his love for running. He believed in the power of sports to change lives. This passion drove him to sell shoes, not just as a business, but as a mission.

To apply this:

- Identify what truly excites you
- Think about how you can turn this passion into a business
- Remember, your enthusiasm will be your fuel during tough times

#### Step 2: Start Small, But Dream Big

Knight began by selling shoes from his car trunk. He had a modest \$50 loan from his father to start. But he always had a bigger vision.

Practical tips:

- Don't wait for perfect conditions to start
- Use whatever resources you have available
- Keep your long-term goals in mind, even when starting small

#### Step 3: Be Willing to Take Risks

Throughout the book, Knight takes numerous risks. He traveled to Japan on a whim, made bold promises to secure deals, and often operated on the edge financially. How to apply this:

- Step out of your comfort zone
- Be willing to make decisions with incomplete information
- Understand that calculated risks are necessary for growth

## Step 4: Build a Strong Team

Knight surrounded himself with passionate people who shared his vision. His partnership with his former coach, Bill Bowerman, was crucial to Nike's success. Practical steps:

- Look for team members who complement your skills
- Value passion and cultural fit as much as experience
- Foster a sense of shared mission among your team

### **Step 5: Persist Through Challenges**

"Shoe Dog" is full of moments where Knight faced seemingly insurmountable obstacles. From cash flow problems to legal battles, he never gave up.

To develop persistence:

- View challenges as opportunities to learn and grow
- Stay focused on your long-term vision during tough times
- Develop a problem-solving mindset

#### **Step 6: Innovate Continuously**

Knight and his team were always looking for ways to improve their products. This spirit of innovation kept Nike ahead of the competition.

How to innovate:

- Listen to your customers' needs
- Stay curious about new technologies and trends in your industry
- Encourage creativity within your team

### **Step 7: Adapt to Change**

Throughout Nike's growth, Knight had to adapt his role and the company's strategies. He learned to delegate and to change course when necessary.

To become adaptable:

- Stay open to new ideas
- Be willing to admit when something isn't working
- Continuously learn and update your skills

### **Step 8: Maintain Financial Discipline**

Despite rapid growth, Knight always kept a close eye on finances. He often reinvested profits back into the business.

Financial tips:

- Understand your cash flow
- · Be cautious with debt, but don't be afraid to use it for growth
- Prioritize long-term sustainability over short-term gains

## Entrepreneurial Success Template: Inspired by "Shoe Dog"

## Step 1: Find Your Passion

My passions:

- 1.
- 2.
- 3.

## How I can turn these into business ideas:

- •
- •
- ullet

### **Example**

My passions:

- 1. Healthy eating
- 2. Supporting local farmers
- 3. Creating delicious recipes

How I can turn these into business ideas:

- Start an organic juice bar using locally sourced produce
- Offer nutrition workshops alongside the juice bar
- Create a recipe book featuring our most popular juices

## Step 2: Start Small, But Dream Big

# My available resources:

My small start idea:

My big vision:

## Example

My available resources:

• \$5,000 in savings

- A small space in my garage
- Basic kitchen equipment

My small start idea:

Begin by selling juices at the local farmers market on weekends My big vision:

A chain of organic juice bars across the state, promoting healthy living

## Step 3: Be Willing to Take Risks

Risks I'm willing to take:

- 1.
- 2.
- 3.

## How I'll prepare for these risks:

- •
- •
- •

### **Example**

Risks I'm willing to take:

- 1. Quit my part-time job to focus on the business full-time
- 2. Invest in a commercial juicer
- 3. Sign a lease for a small storefront

How I'll prepare for these risks:

- Save six months of living expenses before quitting my job
- Research and test different juicers before investing
- Negotiate a flexible lease agreement with the landlord

## Step 4: Build a Strong Team

Skills I need in my team:

- 1.
- 2.
- 3.

## Potential team members:

- •
- •

How I'll foster a shared mission:

### **Example**

Skills I need in my team:

- 1. Marketing expertise
- 2. Financial management
- 3. Customer service

#### Potential team members:

- Sarah, a friend with marketing experience
- Tom, a recent accounting graduate
- Lisa, a passionate health enthusiast for customer service

How I'll foster a shared mission:

Weekly team meetings to discuss our vision and customer feedback

# Step 5: Persist Through Challenges

Potential challenges I might face:

- 1.
- 2.
- 3.

## How I'll overcome these:

- •
- •
- •

### **Example**

Potential challenges I might face:

- 1. Seasonal fluctuations in produce availability
- 2. Competition from established juice chains
- 3. Equipment breakdowns

How I'll overcome these:

- Develop seasonal menus to adapt to produce availability
- Focus on local sourcing and community involvement as our unique selling point
- Build relationships with reliable equipment repair services

# Step 6: Innovate Continuously

Areas for innovation in my business:

- 1.
- 2.
- 3.

## How I'll stay informed about industry trends:

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- •

### **Example**

Areas for innovation in my business:

- 1. New juice blends and flavors
- 2. Eco-friendly packaging solutions
- 3. Digital ordering system

How I'll stay informed about industry trends:

- Attend annual health food expos
- Subscribe to industry magazines and newsletters
- Engage with customers for feedback and ideas

## Step 7: Adapt to Change

Potential changes in my industry:

- 1.
- 2.
- 3.

## How I'll prepare to adapt:

- •
- •
- •

### **Example**

Potential changes in my industry:

- 1. Shift towards plant-based diets
- 2. Increased demand for home delivery
- 3. Growing interest in superfood additives

## How I'll prepare to adapt:

- Expand menu to include more plant-based options
- Develop a partnership with a local delivery service
- Research and source popular superfood additives

# Step 8: Maintain Financial Discipline

My financial goals:

- 1. Short-term:
- 2. Long-term:

# Financial strategies I'll use:

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- •
- •

### **Example**

My financial goals:

- 1. Short-term: Break even within the first year
- 2. Long-term: Open a second location within three years

Financial strategies I'll use:

- Track daily sales and expenses meticulously
- Reinvest 50% of profits back into the business
- Maintain a separate business emergency fund